

Capability Enhancement and Development Schemes

The Institution is successfully running capability enhancement and development schemes for students.

1. Guidance for competitive examinations:

Various programs like technical sessions, guest lectures, workshops, seminars and conferences are being conducted to guide the students for facing the competitive exams at State as well as National Level – Both in Corporate and Government Sectors. Professional experts are arranged to train students for various competitions in addition to the faculty. Competitive books and magazines are made available in the College Library. The college has various students' bodies at departmental levels to provide ample opportunities for competition. Various Interactive Sessions with professionals are organized to equip students for interviews and group discussions.

2. Career Counseling:

The Institution has a structured mechanism for career guidance and placements of the students. Placement Cell of the College is working actively both for pre-placement and placement activities. Career Counseling is a process that focuses on helping one understand one's own self, as well as work trends, so that one can take an informed decision about career and education. Special training sessions are organized to brush up the interviewing skills of students. Various career guidance seminars are arranged periodically to guide the students in choosing the right career options. On line Mock Tests for various companies are arranged in the college itself. Students are taken to various industrial visits so that they get the training of latest technology and software's available in industry

3. Soft skill development:

Soft skills are the skills which characterize relationships with other people, or which are about how you approach life and work. The soft skills may ultimately be more important in determining levels of success. Various debates, declamations and extempore competitions are organized in the College to enhance the spoken English skills. Personality Development Workshops are organized. The computer education is freely accessible to all the students irrespective of their course. Every department is having its separate computer lab with the latest software and internet facility.

4. **Remedial coaching:**

Students are categorized into slow and advanced learner. The remedial coaching classes are being organized for the slow learner. Also they are monitored by subject teachers through Extra classes. Simplified notes and question banks are prepared and provided to the slow learners. Students who are on the verge of poor academic performance are counseled and encouraged to keep high spirits. Extra classes are taken to clear the doubts and guide the students for better preparations.

5. **Yoga and Meditation:**

Today yoga and meditation is an integral part of early individual's life. For the completely healthy bodily function both Yoga and Meditation are of great importance. Practicing yoga can improve physical and mental health whereas meditation provides piece of mind and control over body. All of these activities have been shown to help increase the body's relaxation response and to reduce anxiety, nervousness and mental chatter. Thus, by conducting Yoga and Meditation practice, we tried to improve overall mental focus of the students. Due to this, it helps in mental stress of students and keeps them healthy. Our own faculty member Prof. S. K. Gabhane who has expertise in Yoga and Meditation conducts Yoga sessions on 21 June every year.

6. **Personal Counseling:**

Problems, worries and concerns are part of student's life from time to time. Sometimes problems can seem so overwhelming that students may have difficulty concentrating on their studies and managing their day to day obligations. Confidential personal counseling can help students to understand and confront the challenges faced by them. Our institute arranges regular counseling sessions by psychological experts. Class advisors and head of the departments take care of personal life of students. Special induction programs are arranged for new comers.